



**Mr Stuart James, BM, MRCS(Eng), FRCS (Orth)**  
Consultant Paediatric and Adult Spinal Surgeon  
Noah's Ark Children's Hospital for Wales, Cardiff

Mr Stuart James undertook his medical training in Southampton University, before returning home to Wales. He then undertook his basic surgical training and specialist training in Trauma and Orthopaedic Surgery, before undergoing further sub-specialist training in Spine Surgery. He has completed a recognised spine fellowship in Bristol, where he has gained extensive experience in all aspects of spinal disease, from trauma and tumour work through to adult and paediatric complex deformity. He has obtained further exposure and training in cutting edge contemporary spinal techniques in Europe and the USA.

Mr James's practice is solely in the field of spine surgery. The services that he provides include injection therapies, as well as all aspects of open spine surgery. Areas of specific interest include sports injuries, adult degenerative spinal disease, cervical disease, deformity, motion preservation surgery, and microscopic assisted minimally invasive techniques.